

RESTAURANT



Healthy tacos are family affair

Two Sisters opens in downtown Lafayette, serving up Mexican food that's both fresh and affordable

by **CHÉRÉ COEN**

Two sisters have moved into the vacant drive-through once known as Jack's at the corner of Johnston and Vermilion downtown, and boy, are things hoppin'.

Maybe it's because the food is delicious, the service friendly and the price affordable. What a combination.

And for those who live and work downtown, plus festivalgoers, it's within walking distance and there are two picnic tables to enjoy your food when the weather is nice.

Taco Sisters serves up a variety of tacos on soft tortillas with a blend of fresh

greens and just a hint of chopped apples, celery, carrots and green onions. What is added are fresh, well-seasoned meats and seafood smoked on site on the smoking porch to the rear of the restaurant that looks like a house.

The fish taco (\$4.50), for instance, takes fresh fish from the Gulf - according to the menu - and smoke it with a soy-ginger glaze and adds it to the lettuce mixture with sliced tomatoes and a spicy sauce. Shrimp are marinated, then smoked in the Smoked Shrimp Taco (\$5.50) and served on an olive oil tortilla with the usual.

For the very affordable Smoked Meat Taco (\$3.75), diners can choose between marinated and smoked chicken with a jalapeno-lime glaze or pork smoked with a sweet and spicy brown sugar glaze.

Vegetarians will be thrilled to hear about the Very Veggie Taco (\$3.75), which offers the lettuce

There are three deviations from the menu. The only burrito (\$4.50) served comes with a slow-cooked beef brisket in a spicy adobo sauce with refried shredded cheese. Sisters Salads (\$7.50-\$8.50) combine the chicken, pork or shrimp with the lettuce mix served horizontally and the Very Veggie Salad (\$7.50) excludes the meat. The Smoky Boat (\$3) sails in with smoked just right for children.

One of the delicious, healthy food, is blueberry pomegranate water, and there are no



Cars line up in the Taco Sisters drive-through circle. Taco Sisters has taken off instantly as a lunchtime spot, and one visit will show you why. PHOTO BY BRAD KEMP

Taco Sisters

407 Johnston St.
234-8226

HOURS: 11 a.m.-2 p.m.
Monday-Friday

ON THE WEB:
tacosisters.com

be thrilled to hear about the Very Veggie Taco (\$3.75), mix with fresh tomatoes, black olives and guacamole. The only burrito (\$4.50) served cooked beef brisket in a spicy adobo sauce with refried shredded cheese. Sisters Salads (\$7.50-\$8.50) combine the chicken, pork or shrimp with the lettuce mix served horizontally and the Very Veggie Salad (\$7.50) excludes the meat. The Smoky Boat (\$3) sails in with smoked just right for children.

wonderful things about Taco Sisters, besides their the variety of drinks offered. You can purchase an acai-Vitamin Water in addition to the soft drinks and bottled trans fats or MSG in their cooking.